

Adult Swimming Lessons @ the Kinsmen Aquatic Centre

**Fridays,
5:00 - 6:00 p.m.
March 1st - May 10th
10 classes
Cost: \$75**



**Adult
Swimming Lessons**

**It's never too late to start swimming!
This class is great for adults who are non-swimmers.
Lessons are designed to teach basic skills and improve comfort
in the water.**

**Register ONLINE at www.dauphinrec.com or
In-person at the Parkland Rec Complex, Front Desk.**